

LEEDS LIGHTS

Winter is here so the nights are cold and its dark by 5pm, but that does not mean we cannot have a good time.

Leeds Lions and the Lord Mayor have invited fifteen members of OAP for tea and entertainment at the Civic Hall by a forty strong mixed voice choir; followed by a tour of the City Centre Christmas Lights.

If you wish to attend this auspicious event, please give us a call on **274 9154**. Members who have not been before will be given priority. Door-to-door transport (£2) will be provided from 5pm onwards and people usually get home around 9.30 pm.

CHRISTMAS SHOPPING

Don't leave your Christmas shopping till the last minute! Why not get it in early and join the students from Leeds University on a Christmas Shopping trip to Leeds City Centre on **Saturday December 8th**.

You will be picked up around **9:30 a.m.** and back home for around **2.00 p.m.** Volunteer helpers and wheel chairs will be available on the day. As this shopping trip is being organised by student volunteers, it is free. If it goes as well as last years Christmas shopping trip, you will have a great time. Book your place by calling OAP on **274 9154**.

EID

December is not only a time when Christians are celebrating; this year on 20th December is also the Muslim Celebration of Eid Al-Adha, which is the festival after the annual pilgrimage to Mecca.

OAP members have been invited to visit Brudenell Road Mosque on **Thursday 17th December at 12:30** for an hour-long tour and to witness prayer. The visit will be a great opportunity to have a look inside this impressive building and find out a about the story of Eid. Transport available (£2). Please call **274 9154** to book a place.

NEIGHBOURHOOD HELPLINE

Do you experience any of the following problems? Noisy neighbours, illegal parking, uncollected rubbish, neglected gardens. If so, you may want to ring the Neighbourhood Helpline on **343 1064**. The helpline is a 24 hour dedicated voicemail and email (neighbourhood.helpline@leeds.ac.uk) service operated by the University of Leeds in partnership with Leeds Metropolitan University. The university works with callers, in a mediation role, to resolve disputes which involve students living in non-university accommodation.

We called the helpline on a weekday afternoon, we were put through to an answer machine, but we were promptly called back. The person we spoke to (Amanda) assured us that: 'the University takes the issue of our students' behaviour very seriously' and she explained how they follow up each call and get back to each caller. They will write to students and in urgent cases call the students into University.

On a separate note, we have been asked to make people aware of the following scam: A card is posted through your door from a company called PDS (Parcel Delivery System) suggesting that they were unable to deliver a parcel and that you need to contact them on 0906 6611911 (a premium rate number) DO NOT call this number, as this is a mail scam originating from Belize. If you call this number and start to hear a recorded message you will already have been billed £15 for the phone call. If you receive a card with these details, then contact Royal Mail Fraud on **0207 2396655**.

THE GREEN DOC

If you want to reduce your heating bills and your impact on the environment, then why not call the Green Doctor at the Warmer Living Project on **238 0601**. As part of a Leeds City Council initiative, Groundwork Leeds and CASSAC are working in partnership to help you save money on your heating bills while helping to save the planet.

If you are over 60 or disabled, and if you are receiving benefits or on low income, then you could receive money / energy saving equipment that is supplied and fitted free of charge. For further information, please call Claire Pratley on **238 0601**.

NEW YEAR HOLIDAYS



Windmill Community Transport – the people who provide the coach

for OAP's trips – have teamed up with Leeds Alternative Transport to organise coach tour holidays leaving from Leeds. They have asked OAP to publicise holidays they are organising to Cumbria and Sunderland. There are a limited number of single rooms and these will be allocated on a first come first served basis. The organisers are not in a position to offer any "care" during the period away and any individual requiring care must ensure that they bring a companion who can assist them. Details of the holiday are as follows:

Cumbria

11th – 15th February (Mon – Fri)

A five day break, staying at the Shap Wells Hotel, overlooking the Cumbrian Fells. Three day trips are included (the Chocolate Factory, Bowness, Keswick & Carlisle) and accommodation is on a dinner, bed and breakfast basis.

The cost is £135 per person on a shared basis; a single room supplement applies of £10 per person per night.

Sunderland

27th – 31st March (Thurs – Mon)

A five day break, staying at the Quality Hotel, near Washington, Co. Durham. Three day trips are included (Catherine Cookson Tour, Sunderland Winter Gardens & shopping, Alnwick Gardens) and accommodation is on a dinner, bed and breakfast basis.

Cost: £185 per person on a shared basis. Single room supplement of £10 per person per night.

For bookings and more details contact Windmill on **07904 556857** or Leeds Alternative Travel on **279 5050**. Pick-up points will be decided nearer the time. Assistance to reach pick up points is available at an additional cost.

CELEBRATIONS & GET-TOGETHERS

It is the season of celebrations, and you are invited to join OAP in the following festivities:

Winter Festival



Community Action Leeds Met are hosting a Winter Festival on **Saturday December 15th**. The festival will be taking place at the Cardigan Centre from 12 – 4pm. There will be raffles, bingo, Santa's grotto, food, craft stalls and probably a little bit of Christmas cheer and the odd mince pie. Older Active People will be providing transport for any members who are interested in attending the Winter Festival. Transport will cost £2 with pick-ups starting at 12 noon, returning people home for around 3 pm. Come along and join other members of the community in celebrating the festive period.

To book transport call: 274 9154. Alternatively, just show up on the day.

On your own for Christmas Day?

Then why not join OAP & All Hallows for

Christmas Day Lunch

No need to spend the day on your own, when you can join us at All Hallows to share a delicious Christmas Lunch (from 12.00) & good company. This is a lovely way to mark the day, & everyone is sure of a warm welcome in this friendly venue.

Transport and a helping hand are available (pick up from 11.00am)
If you would like to join us call OAP on: 274 9154



Another Year Party

12 noon, Wednesday 30th January 2008

Christmas is but a distant memory, but don't despair because at the end of January we will be having our annual Another Year Party. The party will take place at **12 noon, Wednesday 30th January 2007**. This year we will once again be the guests of Community Action Leeds Met at the **Kirkstall Brewery site on Leeds Bradford Road**. As usual there will be a lovely meal as well as entertainment from Leeds University's Acapella Singers and for those who fancy it, bingo.

Transport will be £2.00 or just meet us there. The meal is free to those who book it with a choice of either a Beef or Chicken roast dinner

To book a place & arrange transport (if you need it) call OAP on 274 9154
Transport £2.00 or just meet us there. The meal is free.

Seasons Greetings to all from **OAP**